

Informed Consent Documentation Oesophago- gastro-duodenoscopy (OGD)



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Full name..... Date of birth:

Dear Patient!

General Information:

An endoscopy of the upper digestive tract (oesophagus, stomach, duodenum) is proposed for you to determine the cause of your symptoms, pathological changes (inflammation, ulceration, sources of bleeding, adenoids or tumors) as early as possible and to choose the most effective treatment for you.

How is the gastroscopy performed?

A flexible optical instrument (the endoscope) is inserted through the oral cavity into the oesophagus, the stomach and into the duodenum. The digestive tract is inflated by insufflation of air in order to provide the doctor with better visualization and to make it easier to identify pathological changes. During the endoscopy tissue samples can also be taken (painless). If a mucosal overgrowth is detected during the endoscopy, it will be treated immediately and removed with forceps or electronic loops (depending on the size) and sent to microscopic tissue examination.

The endoscopy itself can be unpleasant. Therefore, you will normally receive a mild sedative, if required or desired. **If you have received an injection of a sedative, you must not cycle or drive a car within the following 24 hours.** In general, taking precautions is recommended. Heart rate, blood pressure and oxygen saturation are monitored continuously during the endoscopy. The examination takes about 30-45min. After the examination you should rest for about 15min before you can go home.

If you do not want to get a sedative, you will receive local anaesthesia of the pharynx. In this case you are not allowed to eat or drink at least for 1 hour after the gastroscopy because of the risk of aspiration.

Possible complications:

Despite the greatest care taken, complications can arise, which can even become life-threatening and necessitate additional treatment or further surgery under certain circumstances.

Occasionally, injury can be caused to the mucous membrane. Difficulty swallowing, mild hoarseness, pain and mild bleeding can ensue. These symptoms tend to subside of their own accord and do not generally need treatment.

A dangerous injury to the organs is due to the good visibility by using sophisticated endoscopes with camera even in pathological changes (narrow or inflammatory swelling) extremely rare.

Bleeding can occur especially when removing polyps. Bleeding sources are provided by an injection with a drug or by ligation with Metall-Clip. Dental damage is very rare despite the use of a bite guard. Sedation (=sedative injection) may lead to respiratory disorders or cardiac arrhythmias, and there is an impairment of the ability to drive, especially after the examination.

Before gastroscopy:

On the day of the examination, you must be sober (from midnight neither drinks nor food). Medicines may be taken with 1 glass of water. Diabetes medications and anti-coagulants must be discussed with the doctor. Non-fixed dentures or dentures must be removed before the examination.

After gastroscopy:

Symptoms such as mild nausea, dysphagia, discomfort in the throat area (such as a burning sensation), painful bloating caused by remaining air in the stomach and duodenum are harmless and disappear after a short time. If the throat is anesthetized, you must not eat and drink for at least 1 hour, unless the doctor has prescribed otherwise. If you have received an injection of a sedative, as a rule, you are **not allowed to actively participate in road traffic until the next morning**; in addition, you should not make important decisions nor engage in dangerous activities (e.g. working with dangerous machinery). Please arrange transportation to and from our ordination by family members/adults.

After the examination you are allowed to eat and drink everything, unless you aren't instructed otherwise.

Inform us/emergency service/hospital immediately in case of appearing complaints like bloody stool or persistent abdominal pain.

Anamnesis before gastroscopy:

In order for you and your doctor to identify any risks involved in this procedure as early as possible, we ask you to answer the following questions with care:

Are you regularly or currently taking medications? o No o Yes

Are you taking anticoagulant medications e.g. Aspirin/ThromboASS, Brilique, Plavix/Clopidogrel, Marcoumar, Sintrom, Pradaxa, Eliquis, Xarelto, Lixiana, or o No o Yes

Do you have or did you have a cardiovascular disorder? E.g. heart defect, angina pectoris, cardiac infarct, stroke, cardiac arrhythmia, hypertension, or..... o No o Yes

Do you have a kidney disease? E.g. dialysis, or o No o Yes

Do you have a metabolic disease? E.g. diabetes, or..... o No o Yes

Do you have an increased tendency to bleed? E.g. frequent nose-bleeds, bruises, or..... o No o Yes

Do you have an allergy or hypersensitivity to certain substances? E.g. soy, peanuts, medications, sedatives, plaster, hay fever, asthma, X-ray contrast media, latex, or..... No Yes

Do you have metal implants? E.g. cardiac pacemaker/defibrillator, endoprosthesis, or No Yes

Additional question for women of childbearing age: Could you possibly be pregnant? No Yes

Have you ever needed an operation on the digestive tract or a gynaecological operation before? No Yes

Do you have or did you ever had an infectious disease? E.g. No Yes

Do you have loose teeth or dentures in place (e.g. removable dentures, bridges,...) ? No Yes

Patient's statement of consent:

About the planned gastroscopy as well as possibly necessary treatment measures (tissue removal, polyp removal, haemostasis) I was informed in writing as well as verbally best possible.

The questions to the anamnesis I have answered to the best of my knowledge. My questions were also answered completely and comprehensibly. I am aware of any risks and agree with the planned investigation.

Important notice:

I am informed that I am basically granted a period of consideration. I would like to and therefore expressly agree that gastroscopy will be performed today (see below).

Scheduled date of examination

Signature patient

Signature doctor/nurse

Date,